COURSE OUTLINE: CYC251 - GROUP DYNAMICS II

Prepared: Child and Youth Care Faculty

Approved: Karen Hudson, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	CYC251: GROUP DYNAMICS II
Program Number: Name	1065: CHILD AND YOUTH CARE
Department:	CHILD AND YOUTH WORKER
Academic Year:	2023-2024
Course Description:	This course is designed to build on the skills developed in Group Dynamics I. Opportunities will be provided for the individual student to demonstrate and develop skills in group leadership and group programming. The course will focus on children and adolescents and the therapeutic interventions that are possible / feasible in groups. It is the intent that the student acquires a clear understanding of the CYC`s role in terms of this form of therapeutic intervention. Participants need to contribute to the team environment in a manner that reflects an attitude of cooperation and professionalism indicative of ethical standards.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	CYC203
Corequisites:	There are no co-requisites for this course.
Substitutes:	CYW230
Vocational Learning Outcomes (VLO's) addressed in this course: Please refer to program web page for a complete listing of program outcomes where applicable.	**1065 - CHILD AND YOUTH CARE** VLO 1 Develop and maintain therapeutic relationships with children, youth and their families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans. VLO 4 Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers experienced by children, youth and their families. VLO 6 Employ communication, collaboration and relational skills with the inter-professional team and with community partners to ensure and enhance the professionalism of practice. VLO 7 Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care, as a practitioner. VLO 8 Use professional development resources and supervision to increase professional capacity, learning and leadership skills.
Essential Employability	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form

Skills (EES) addressed in this course:		that fulfills the purpose and meets the needs of the audience.
	EES 2	Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 4	Apply a systematic approach to solve problems.
	EES 5	Use a variety of thinking skills to anticipate and solve problems.
	EES 6	Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7	Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8	Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 9	Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10	Manage the use of time and other resources to complete projects.
	EES 11	Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 50%, D

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Books and Required Resources:

Groups: Process & Practice by Corey, Corey & Corey
Publisher: Brooks-Cole/Wadsworth Edition: 10th

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Demonstrate skills that provide leadership and direction to group	1.1 Describe leadership styles in behavioural terms. 1.2 Discuss personal attributes indicative of leadership. 1.3 Demonstrate leadership techniques in a lab setting. 1.4 Obtain personal feedback and determine personal goals reflective of this feedback specific to leadership
Course Outcome 2	**Learning Objectives for Course Outcome 2**
2. Discuss a representative sample of theoretical approaches to group.	2.1 Describe Client Centred Therapy 2.2 Describe Rational-Emotive Therapy 2.3 Describe Behaviour Therapy 2.4 Describe Psychoanalytic Therapy
Course Outcome 3	**Learning Objectives for Course Outcome 3**
3. Design and implement strategies that enhance psycho-social development in children, youth and relevant others.	3.1 Select and discuss group activities that are appropriate to specific issues. 3.2 Prepare materials appropriate to the activity. 3.3 Conduct the activity within the group setting. 3.4 Obtain feedback and evaluate the activity. 3.5 Prepare a typed comprehensive description of the activity according to the prescribed format.
Course Outcome 4	**Learning Objectives for Course Outcome 4**
4. Employ effective intervention strategies which	4.1 Select a theme for the group program. 4.2 Determine the appropriate number of sessions to

| | accomplish the goal of the program. |
| | 4.3 Develop an outline of each of the sessions with objectives and format clearly specified. |

Course Outcome 5	**Learning Objectives for Course Outcome 5**
5. Demonstrate strategies appropriate in dealing with problematic behaviours in group.	5.1 Describe behaviours and situations that are at issue in effective group performance. 5.2 Discuss causal factors underscoring this behaviour. 5.3 Identify and describe actions/interventions conducive to remediation of these issues.

Course Outcome 6	**Learning Objectives for Course Outcome 6**
6. Identify and use professional development resources and activities that promote professional growth.	6.1 Actively participate in the experiential learning process. 6.2 Participate in small group tasks as required. 6.3 Determine through self-assessment and collaboration with others, current skills

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignments	50%
Professional Skill Development	20%
Tests	30%

Date:

July 17, 2023

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.